

- Advocacy and liaison with CAMHS, and active promotion of engagement with all services working with young people.
- Access to an independent visitor as necessary.
- Therapeutic Support and interventions.
- Weekly resident's meetings.
- Developing group living and skills of engagement.
- An environment that is therapeutic;
- Daily Routines including maintaining Hygiene.
- Maintaining a clean and safe environment.
- Support to acquire budgeting skills.
- Reflecting on conduct and behaviour including reduction of offending behaviour.
- Socialising and community integration.
- Support to access welfare benefits.
- Independent living skills support.
- Activities and Leisure.

### Additional services include

- Outreach/ Floating / Family support;
- Appropriate adult services at Police Stations;
- Escort services;
- OpenMinds provides the safe and secure movement and transportation of young people to and from placements, appointments, pick up from police stations, health or medical appointments.

### How to make a referral

We encourage referrals from a wide variety of people including: Self-referrals, CAMHS, Social Services, Community mental health teams, GPs, Friends and Family, Hospitals, Supported housing providers and any other service providers.

**If you wish to make a referral or to find out more about the Young Persons Project, please contact us:**

Southbridge House,  
Southbridge Place,  
Croydon,  
CR0 4HA

Tel: 0208 240 6521

Mob: 07704234055

Email: [info@openmindssocialcare.co.uk](mailto:info@openmindssocialcare.co.uk)

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 @openmindscroydon



Young  
Persons  
Project



RECOVERY . ADVOCACY .  
CHANGING MINDSETS

## About Us

OpenMinds is a specialist mental health organization which makes recovery from a mental health difficulty the main focus of its intervention.



We provide Semi-independent accommodation for young people aged between 16-21 yrs in a 24hr staffed environment. We also provide a follow-on community outreach/floating support service for young people when they move on from semi-independent accommodation into their own tenancy. This service provides practical, emotional and social support to young people living in the community and experiencing mental health challenges.

The aim of our Young Persons Service is to provide a warm, secure and supportive environment in which young people can develop resilience, independence and choice, whilst enhancing their core living skills to transition into adulthood.

## Our Aim

Our Aim is to work in partnership with local authorities to achieve positive outcomes for our young people, and to enable them to acquire practical life skills in accordance with the five core outcomes of 'Every Child Matters.'

## What's the Need?

Research indicates that early, targeted and assertive support and intervention for young people at risk of developing mental ill health, reduces their risks of going on to develop a chronic mental illness.

Our Young Persons Project is borne out of a desire to see young people including those for whom there might be concerns that they are on the cusp of developing a mental illness due to their fragile and emotional health get the targeted support they require within a homely 24 hour staffed environment.



The project is a 6 bedded House located in Addiscombe, Croydon. It boasts 5 Individual bedrooms that are decorated to a high standard and there is a games room for young people to socialise and play games. 1 room is reserved and utilised as a therapeutic room/ safe space.



The Home has internet access, is near a library and internet cafes. Magazines of interest are purchased regularly as well as board games.

Residents are allowed a TV for their room and they may have a radio/ CD player in there also, if these are played at a reasonable level.



The house is located in a tree lined residential area and is a 5-minute walk to Addiscombe Tram Stop, which takes you directly into East Croydon in less than 10 minutes. East Croydon Station boasts direct links into London.

## Who is it for?

- Young Persons aged 16-21 yrs
- Young persons who are deemed vulnerable; including care leavers.
- Male, Female or gender neutral.
- Young people where there are possible concerns about an emerging mental health challenge and in need of early intervention and support.
- Young people considered vulnerable as a result of CSE, bullying, parental mental health or self-harming.

## What do we offer?

- 1-2-1 Key working Support
- Support with registering at local GP and other allied primary Health Services
- Intensive support which includes therapeutic interventions by staff.
- Access to ETE- Providing opportunities to volunteer and work experience placements.